

# Family Devotion

## “Is Anybody Listening?”



### Watt's Up:

“Every Day, When I Pray, I Know God Hears What I Say!”



### Power Verse:

“Keep on praying.” – **1 Thessalonians 5:17**

Tell your children that for this week's devotion, you're going to play Charades. If they don't already know how to play, explain to them that someone will act out some simple words or phrases without speaking, and that everyone else will try to guess what that person is acting out.

Start with some easy words and actions like dog, tree, brushing teeth, etc. Work up to some harder phrases, like the title of a familiar book or movie (*Cat in the Hat, Spiderman, etc.*). For the last one, make sure you're the one acting out the phrase, and pick something that you're pretty sure no one will get, like paying bills or cooking a specific meal. If they do guess it, keep playing until you act out a phrase they can't guess.

After you've acted out the phrase for awhile and no one guesses it, start exaggerating your gestures, swinging your arms and making facial expressions. After awhile, tell them the phrase and then discuss the following questions:

- Why couldn't we guess everyone's phrase on the first try?  
(*Because we can't read their minds*)
- If you needed to communicate something really important to me, what would be the best way to do it?

Read 1 John 5:14-15. Explain to your children that God knows everything about us and knows every thought we have. Even though He knows what we're thinking, He wants us to talk to Him so our relationship with Him will grow as we get to know Him better. Emphasize that God always hears us when we pray and understands what we're trying to say, even if we don't know exactly how to say it.

Spend some time talking to God as you would to a friend. Instead of asking Him for anything, just tell Him about the kind of day you've had and some of the things that are on your mind. Praying like this can help your children understand that God is interested in every part of their lives.

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